

Practicing Lent as a Family – Lenten Calendar

Lent is an ideal season for intentional family discipleship. Families can use this Lenten Calendar (*flip page over*) to journey with Jesus to Jerusalem during Lent, reflect on the events of Jesus' life during Holy Week and remember His sacrifice and resurrection during the Easter season. This calendar can be used daily or weekly alongside the "Practicing Lent" prayer devotional. It can be helpful for your family to use a wooden figure or a prop to move along the calendar to represent Jesus journeying to Jerusalem through the Lenten season.

Here are some ways to use this Calendar throughout Lent:

1. Use it daily alongside the Lent Morning or Evening Prayer devotional: colour or paint a square as someone reads the Daily Scripture passage from "Practicing Lent"
2. Use it each Sunday of Lent: colour the squares up to the current Sunday as you read the Daily Scripture passage or the collect from "Practicing Lent"
3. Reflect on the daily scripture passage from "Practicing Lent" by writing a word or phrase along the journey board (see *calendar sample below*).

Here are some helpful 2019 dates to get your calendar started:

- Ash Wednesday: *March 6*
- 1st Sunday of Lent: *March 10*
- Palm Sunday: *April 14*
- Good Friday: *April 19*
- Easter Sunday: *April 21*



